

**Borough of Southend Swimming Club**  
**City of Sheffield 'No Frills' Long Course Open**  
**BOSS Results**

<u>Name</u>	<u>Age Group</u>	<u>Event</u>	<u>Time</u>	<u>Place</u>	
Harry Payne	11	200 Freestyle	2.23.67	1st	NQT
		400 Freestyle	4.55.19	1st	NQT
		400 IM	5.48.20	1st	NQT
		1500 Freestyle	18.46.62	1st	
		100 Freestyle	1.06.57	1st	
		200 Fly	2.52.15	1st	
		100 Fly	1.20.35	2nd	
		200 IM	2.48.65	2nd	
		200 Backstroke	2.55.43	9th	
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Alex Blanco	12	400 Freestyle	5.05.11	6th	
		200 Backstroke	2.41.50	7th	
		200 Fly	2.59.00	7th	
		400 IM	6.18.47	10th	
		200 Freestyle	2.26.60	11th	
		200 IM	2.54.77	13th	
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Sean Tomlin	14	400 Freestyle	4.41.08	8th	
		100 Backstroke	1.10.00	8th	
		400 IM	5.26.31	8th	
		200 Backstroke	DQ		
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George Morris	14	200 Freestyle	2.15.51	8th	
		200 Breaststroke	2.56.38	9th	
		100 Freestyle	1.00.31	10th	
		200 IM	2.32.80	12th	
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Owen Coughlan	15/16	1500 Freestyle	16.35.43	2nd	NQT
		400 Freestyle	4.12.04	3rd	NQT
		200 Freestyle	2.01.67	7th	NQT
		400 IM	5.09.02	8th	
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Hannah Atkins	16 & Over	100 Breaststroke	1.28.03	21st	
		100 Fly	1.13.43	19th	
		50 Fly	34.05	45th	